



## **Painting the Still Life with Color and Light – Jody Mattison**

### **Materials List**

#### **1. Suggested Minimum Colors -**

- Titanium White
- Yellow Ochre or Mars Yellow
- Light Red, Red Oxide or Terra Rosa
- Burnt Umber
- Quinacridone Violet or Magenta
- Cadmium Red Light
- Cadmium Yellow Light or Medium
- Cadmium Lemon or Hansa Yellow
- Ultramarine Blue
- Cerulean Blue or hue
- Viridian or hue
- Ivory Black

#### **2. Other Possible Colors -**

- Pthalo Turquoise (can replace viridian and cerulean)
- Pthalo Green (replaces viridian)
- Indian Yellow
- Naples Yellow Light (Utrecht brand)
- Cobalt blue
- Permanent Alizarin
- Raw umber
- Burnt sienna
- Quinacridone colors, any

#### **3. Suggested Mediums for Oils -**

- Liquin or Galkyd, solvent free is best
- Refined Linseed Oil
- Turpenoid or Gamsol (NOT GREEN TURPENOID)

- Please no mineral spirits, regular turpentine or varnishes

#### 4. Suggested Mediums for Acrylics -

- Acrylic gloss or matte medium
- Golden Heavy Gel Matte
- Golden Acrylic Glazing Liquid, gloss and satin
- You might consider adding Golden Open Acrylics to your paint box.

5. Bring what you have, and we will go over brushes the first day. What you will need are a combination of:

- 'Filbert' style bristle brushes
- 'Flat' style bristle brushes
- 'Bright' style bristle brushes
- 'Round' style brushes
- Sizes; small to large

#### 6. Painting Supports -

- Canvas board: 11" x 14" or 12" x 16" and/or 16" x 20"
- Stretched canvas as above
- Canvas Pads: Real canvas in a pad form

#### 7. Other items -

- Palette: 12" x 16" or similar, (artist's palette, opaque white or gray plexiglass, plastic platter or disposable palette)
- Water containers (for acrylic)
- Water spray bottle (acrylics)
- Palette knives
- Palette cup
- Paper towels
- Cotton rags (torn up bedsheets/ t-shirts are great)
- Container for used turpenoid... with spill proof lid (glass jars work well) we re-use it  
Brush cleaner (Dawn dish detergent works well for synthetic brushes, Master's brush cleaner or saddle soap for natural bristle)

### Chalk/Soft Pastel (not oil pastel!) Materials List

#### 8. Papers and Boards -

- Pastel paper such as Canson Mi Teintes in gray tones such as steel grey, felt, sand etc.  
Sanded pastel paper or board
- Art Spectrum colored papers (can get a sample pack online at Jerry's, ASW etc.)  
heavyweight watercolor paper works very well.  
9" x 12" to 18" x 24

### **9. Pastels:**

- A set of 24 to 48 assorted soft pastels  
Rembrandt, or similar recommended. Half-stick sets can be a good value. (softer)
- A set of Nupastels (harder)
- A 24 set of cheap square pastels (harder)
- Pastel pencils would be a good option to complement to this collection All brands of soft pastel are compatible and work well together. It is good to have a combination of harder and softer

### **10. Other Supplies -**

- Drawing Board with clips to fit your paper
- Vine charcoal soft
- Kneaded Eraser
- Tortillon or Stump
- Workable fixative (we use this outside only)
- Glassine paper to protect your pastel paintings
- Chamois
- Avoid synthetic chamois! Buy a big car polishing leather chamois and cut it up; cheaper and lasts longer

### **11. Measuring Stick**

- A dowel, knitting needle, bamboo cooking skewer, or similar (I can provide a dowel for a quarter)

### **12. Baby Wipes**

- To clean your hands while working. You might want a skin barrier cream such as Avon's Silicone Glove to use prior to working. Some people use gloves...